

# Quest 2017 Videos

York Region District School Board is committed to supporting mental health and well-being in our schools and workplaces and to sharing our learning with our peers. As such, we are pleased to make available the keynote addresses from The Quest for Well-Being – A Collective Responsibility so that we can all work towards creating more inclusive and supportive environments for all.

Please enjoy the highlights of Quest 2017!  
**Dr. Jean Clinton – “Relationships, The Heart of Well-Being. But How Do We Get There?”**

**(20:06) Stephanie Fearon – “Partnering For Well-Being: A Teacher’s Journey”**

**(09:07) Dr. Michael Ungar – “Nurturing Resilience: The Role Of Students, Educators, Family And Community”**

**(12:03) Annie Kidder – “Next Steps – Our Collective Responsibility: Lessons Learned, Insights Gained And Actions To Consider Taking”**

**(14:02) Patrick Case – “Next Steps – Our Collective Responsibility: Lessons Learned, Insights Gained And Actions To Consider Taking”**

**(06:36) Salma Ahmadi – “Technology And Mental Health”**

**(08:28) Zane Charendoff – “It Starts With A Smile”**

**(04:33) Paige Kemper – “Do Something About It”**

**(17:58) Karen Li – “The Importance Of Mental Health In Education”**

**(09:47) Marcus Williams – “Respect”**

**(05:34) Max Baevsky – “Breaking Free”**

**(09:04) Noah Gibson – “What Is Gender”**

**(08:25) Owen Hill – “There’s More To Life”**

**(09:48) Maya Lekhi – “Having The Right Mindset”**

**(07:42) Alexis Murrell – “Look Up From The Grass”**

**(14:46)**