

Quest 2017 Videos

York Region District School Board is committed to supporting mental health and well-being in our schools and workplaces and to sharing our learning with our peers. As such, we are pleased to make available the keynote addresses from The Quest for Well-Being – A Collective Responsibility so that we can all work towards creating more inclusive and supportive environments for all.

Please enjoy the highlights of Quest 2017!
Dr. Jean Clinton – *“Relationships, The Heart of Well-Being. But How Do We Get There?”*

(20:06) Stephanie Fearon – *“Partnering For Well-Being: A Teacher’s Journey”*

(09:07) Dr. Michael Ungar – *“Nurturing Resilience: The Role Of Students, Educators, Family And Community”*

(12:03) Annie Kidder – *“Next Steps – Our Collective Responsibility: Lessons Learned, Insights Gained And Actions To Consider Taking”*

(14:02) Patrick Case – *“Next Steps – Our Collective Responsibility: Lessons Learned, Insights Gained And Actions To Consider Taking”*

(06:36) Salma Ahmadi – *“Technology And Mental Health”*

(08:28) Zane Charendoff – *“It Starts With A Smile”*

(04:33) Paige Kemper – *“Do Something About It”*

(17:58) Karen Li – *“The Importance Of Mental Health In Education”*

(09:47) Marcus Williams – *“Respect”*

(05:34) Max Baevsky – *“Breaking Free”*

(09:04) **Noah Gibson – “*What Is Gender*”**

(08:25) **Owen Hill – “*There’s More To Life*”**

(09:48) **Maya Lekhi – “*Having The Right Mindset*”**

(07:42) **Alexis Murrell – “*Look Up From The Grass*”**

(14:46)